



Derry Watkins is the owner of Special Plants nursery near Bath. specialplants.net

August plants

There are so many great plants for high summer that it's hard to know where to start, but Derry has managed to narrow her choice to ten favourites

WORDS DERRY WATKINS PHOTOGRAPHS JASON INGRAM



Lobelia x speciosa 'Hadspen Purple'

A perennial lobelia with the most glorious rich, deep-purple flowers. The colour sings out from across the garden. As a bonus the bright green foliage is often flushed purple. Bred by the Popes at Hadspen House, it is a strong grower and not a martyr to slugs like so many lobelias. It loves rich, damp soil and sun. It is worth pandering to its whims in order to get that late summer explosion of colour. Bees and butterflies love it, and so do I.

Height 70cm.

Growing conditions Good soil, not too dry, sun or light shade.

Hardiness USDA 5.

Origin Bred by Nori and Sandra Pope at Hadspen House in Somerset.

Season of interest July – August.

Salvia greggii 'Stormy Pink'

Around 15 years ago I found an accidental salvia seedling in my nursery. I grew it on, took cuttings and then, assuming it was tender, left it in the garden to die. Surprisingly, it is still there, not fazed in the slightest by our hardest winters. I cut it hard back to thick stems like bonsaied tree trunks every spring and it grows to around four feet every summer, blooming from June right through until October. I named it 'Stormy Pink' because of the grey calyx that appears behind each one of the creamy pink flowers.

Height 1m.
Growing conditions Sun and drainage.
Hardiness RHS H5, USDA 7.
Origin Seedling from Special Plants.
Season of interest June – October.





Persicaria orientalis

A madcap annual. Stout bamboo-like stems shoot up to five or six feet and then send out flower heads so laden with deep-pink flowers that they cascade down, a waterfall of pink. They look perfectly silly swaying in the wind. The common name of kiss-me-over-thegarden-gate is pretty silly as well. Even germinating it is silly. It is an annual which is hard to grow from seed (until you realise it has to be grown fresh and kept cold up until it begins to germinate), but can sow itself prolifically.

Height 1.5-1.8m.
Growing conditions Sun and good drainage.
Hardiness N/A, hardy annual.
Origin India.
Season of interest August – November.



Verbena officinalis var. grandiflora 'Bampton'

A dark-purple-leaved form of an English native, the leaves get darker and darker as the year goes on. Unlike many dark-leaved plants, this one catches the light. The fine, purple leaves on their thin stems seem to shimmer. Loose heads of tiny pink flowers are like a mist over the whole plant. Looks wonderful on its own against pale gravel, but might disappear on dark soil or planted in among other plants. Found in the village of Bampton, Devon, where it had been self-seeding.

Height 75cm.

Growing conditions Sun and drainage.

Hardiness RHS H7, USDA 4.

Origin UK.

Season of interest July – November.

Argyranthemum 'Levada Cream'

Until recently this was called 'Jamaica Primrose'. In a recent RHS trial, it was renamed 'Levada Cream'. Apparently, the original 'Jamaica Primrose' had a deeper yellow flower and a greyer leaf. Whatever its name, it is the biggest, fastest growing, most floriferous of argyranthemums. Each plant will be a 90cm x 90cm mound of big, pale-yellow daisies, in bloom from June through October without hesitation or deviation. It is tender and gets too big to take inside, but cuttings are ridiculously easy to root and can be overwintered.

Height 90cm.
Growing conditions Full sun.
Hardiness RHS H2, USDA 9.
Origin Canary Islands.
Season of interest June – October.





Thalictrum delavayi 'Album'

An elegant, pure white version of *Thalictrum delavayi*, its delicate maidenhair-fern-like leaves are a brighter green than the species. The airy foliage is delightful on its own, but then in July the whole plant is sprinkled with little round buds like pearls, which open out into ballerina skirts, the pure white petals flaring to reveal a cluster of pale cream anthers. In midsummer when everything else is starting to look a bit tired this remains as fresh and crisp as a May morning.

Height 1.3m.
Growing conditions Sun or light shade.
Good soil. Will need staking in shade.
Hardiness RHS H7.
Origin China.
Season of interest July – August.

Dahlia 'Twyning's After Eight'

I like dark-leaved dahlias, especially this one, with creamy white flowers in spectacular contrast to its leaves. You can almost taste the icy mint and bittersweet chocolate. It is vigorous and tough, surviving winter after winter in my garden, in flower from July through October. Even the seedheads are attractive – shiny, dark and pointed. It doesn't need much staking, but it does grow big, probably 1.2m x 1.2m. Dark leaves can seem sombre but the simple white flowers keep this one ever cheerful. AGM.

Height 1.2m.

Growing conditions Full sun, good soil, mulch in winter, or lift tuber and store in frost-free conditions.

Hardiness RHS H3, USDA 8.

Origin Bred by Mark Twyning in UK.

Season of interest July – October.

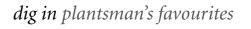


Indigofera pendula

Perhaps the most beautiful flowers of any shrub. Indigoferas are in the pea family and most of them produce masses of tiny pink flowers on this year's growth so they are pruned hard every spring, sending out vigorous young shoots smothered in flowers in mid-summer. *Indigofera pendula* does that, but as the name suggests, the shoots are pendulous – long slender racemes of pink flowers with tiny lavender-grey buds cascading down like wisteria. The old stems need some support to prevent them cascading down as well.

Height 2m.
Growing conditions Sun, good drainage, not too windy.
Hardiness RHS H5, USDA 7.
Origin China.

Season of interest July - August.



Cautleya spicata 'Robusta'

A ginger relative, *Cautleya spicata*, looks tropical but isn't. Late to emerge, in June the sturdy dark red stems sprout tropical looking leaves rather like a canna. By August each stem is tipped with dark-red buds from which come brilliant yellow curved flowers like a cross between a salvia and an orchid. The flowers open over a period of several weeks. A month later the dark-red seedpods split open to reveal what look like gobs of cuckoo spit hiding the little black seeds.

Height 1m.

Growing conditions Moist, humus-rich soil, light shade. Plant the thick rhizomes about 10cm deep and mulch in winter. **Hardiness** USDA 7 if mulched. **Origin** Himalayas.

Season of interest July – October.



Places to visit

Derry shares some of her favourite places to see plants at their best.

Great Comp Garden in Kent is one of the most romantic and a lusciously planted gardens in the UK. Set around a 17th-century farmhouse, it was created over a period of 20 years by Roderick (Eric) and Joy Compton who bought the house in the 1950s. In spring there are magnificent magnolias, azaleas and rhododendrons, but the joy of it for me is high summer



when it is bursting with salvias, dahlias and cannas – fireworks of colour. And there's one of the best salvia nurseries in the country right on site. Great Comp Garden, Comp Lane, Platt, Sevenoaks, Kent TN15 8QS. Tel 01732 885094, greatcompgarden.co.uk. Open daily, 11am-5pm, 1 April – 31 October.

Dove Cottage Nursery is perhaps my favourite

nursery. Tucked away in a post-industrial bit of West Yorkshire, it is a shining example of great growing combined with a connoisseur's eye for a great plant. The adjoining garden is small but perfectly formed. Unusual plant combinations flow down the slope mingling and interweaving, hiding and then revealing details you never noticed before.

teasing the eye into appreciating the plants from every angle. Shibden Hall Rd, Halifax, West Yorkshire HX3 9XA. Tel 01422 203553, dovecottagenursery.co.uk. Open Wednesdays-Saturdays, 10am-5pm, 4 June – 27 September

Sussex Prairies
is a grass garden on a
mammoth scale. Big bold
sweeps of grasses and
well-chosen late summer



perennials swirl across a sixacre field, drawing you further and further in to explore what is around the next corner.
Rusty iron buffaloes trek through the prairie, a reminder of the American origin of many of the plants.
Morlands Farm, Wheatsheaf Road, Woodmancote, West Sussex BN5 9AT. Tel 01273 495902, sussexprairies.co.uk. Open 1pm-5pm, 31 May – 12 October.

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